



TAKEAWAY MENU

COCONUT MILK PORRIDGE £5 GFO

Gluten free oats, coconut milk. Topped with seasonal fruit compote, coconut yoghurt, house made granola

+ Nut butter £1

SOUP OF THE DAY £4.5 GFO

Ask your server for today's soup. Served with toasted sourdough.

+ Smoked Gouda Toastie £1

HUMMUS BOWL £7 GF

ALLERGY (SESAME)

Homemade proper hummus, beet hummus, quinoa tabbouleh, mixed leaf salad, roasted veg, homemade falafel, tahina drizzle, zaatar

SALAD SPECIAL £5

Ask your server for today's special

BLACK BEAN FRIJOLES NACHOS £7 GF

ALLERGY (NUTS (CASHEW))

Corn chips, black bean frijoles, cashew cheese sauce, coconut yoghurt, pico de gallo, pickled red onions

+ Tempeh chorizo £1.5 (SOY)

+ Tamari Mushrooms £1.5 (SOY)

BLACK BELUGA DAHL £8 GFO

ALLERGY (GLUTEN, SOY)

Black beluga dahl, tamari mushrooms*, green thunder chilli relish, coconut raita, bhaji bits, served with wholemeal roti brushed with a coconut lime butter

*don't like mushrooms? Swap for bacon

GFO = Gluten Free Option (Just ask your server)

WiFi Password - DAIRYFREE

Hit us up on the gram - @vutiebeets