

# **VB** ALL DAY MENU

SCAN QR CODE FOR  
TRACK & TRACE



<https://registerdetails.com/M8S>

## **COCONUT MILK PORRIDGE £5 GFO**

Gluten free oats, coconut milk. Topped with seasonal fruit compote, coconut yoghurt, house made granola

+ Nut butter £1

## **AVO SMASH £6 GFO**

ALLERGY (GLUTEN, SESAME)

Smashed avocado with preserved lemon hot sauce, lime, chilli & garlic, beetroot hummus, topped with fresh herbs, toasted sourdough

+ Bacon £2

+ Tamari Mushrooms £1.5

## **SPANISH SCRAMBLE £6.5 GFO**

ALLERGY (GLUTEN, SOY)

Creamy scramble, served with crispy tempeh chorizo on toasted sourdough

+ Bacon £2

+ Tamari Mushrooms £1.5

## **HUMMUS BOWL £7 GF**

ALLERGY (SESAME)

Homemade proper hummus, beet hummus, quinoa tabbouleh, mixed leaf salad, roasted veg, homemade falafel, tahina drizzle, zaatar

## **BLACK BEAN FRIJOLE NACHOS £7 GF**

Corn chips, black bean frijoles, cashew cheese sauce, coconut yoghurt, pico de gallo, pickled red onions

+ Tempeh chorizo £1.5

+ Bacon bits £1.5

## **BLACK BELUGA DAHL £8 GFO**

ALLERGY (GLUTEN, SOY)

Black beluga dahl, tamari mushrooms\*, green thunder chilli relish, coconut raita, bhaji bits, served with wholemeal roti brushed with a coconut lime butter

\*don't like mushrooms? Swap for bacon

GFO = Gluten Free Option (Just ask your server)

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Hit us up on the gram - @vutiebeets

## **BAKES & BAPS** - please ask a member of staff for the full selection

**BLT / BHAJI BAP £4.5**  
+Avocado £1.5

**BROWNIES / BLONDIES £3**

**LOAF CAKES £2.5**

**BANANA BREAD £3**

**SAUSAGE ROLLS £3**

**SAMOSA £2.5**

## **SOFT DRINKS**

**EQUINOX KOMBUCHA £2.15**

**DRINK 420 CBD DRINK £2.3**

**LEMONAID & CHARITEA £2**

**KARMA LEMONY LEMONADE £2**

**KARMA COLA £2**

**COLD PRESSED ORANGE JUICE £3**

**COLD PRESSED APPLE JUICE £3**

## **SMOOTHIES & BOWLS**

**PEANUT BUTTER CUP £5**

ALLERGY (NUTS)

Peanut butter, banana, spinach, dates, hemp protein, cinnamon & coconut milk

**STRAWBERRIES & CREAM £5**

Strawberries, banana, dates & coconut milk

**BERRY COOL £5**

Mixed berries, banana, dates & coconut milk

**DRAGON FRUIT BOWL £6.5 GFO**

ALLERGY (NUTS)

Pink dragon fruit smoothie bowl, homemade granola, seasonal fruits & almond butter

## **MILKSHAKES**

**OREO / BISCOFF / STAWBERRY / BANANA £5**

## **COFFEE**

Oat / Soy / Almond (GF) / Coconut milk (GF) available.  
We recommend oat!

Like our coffee? You can buy it bagged from the store! Just browse the shelves or ask your server!

**ESPRESSO SNG/ DBL £2/ 2.2**

**AMERICANO £2.6**

**FLAT WHITE £2.8**

**CAPPUCCINO £3**

**LATTE £3**

**MOCHA £3.2**

**ICED AMERICANO £3**

**ICED LATTE £3.2**

Swiss Water Decaf available  
Add CBD oil £0.5

## **TEA & LATTES**

**ENGLISH BREAKFAST £2**

**EARL GREY £2**

**PEPPERMINT £2**

**GREEN £2**

**DECAFFEINATED £2**

**MASALA CHAI LATTE £3**

**DIRTY MASALA CHAI LATTE £3.6**

**TURMERIC LATTE £3.5**

**GREEN & BLACKS HOT CHOCOLATE £3.5**

Whipped cream & marshmallows £1

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