

VEGAN . GLUTEN FREE . ORGANIC

LUNCH

Served from 12pm

 Contains Nuts

APPETISERS

SOUP OF THE DAY 4.95

A warming seasonal soup served with toast and butter. See our specials board for more details.

BURGERS

NEO 8.50

Two handmade bean and beet patties, pepper jack cheese, curly lettuce, tomato and gherkins with mayo or hot sriracha mayo.

BBQ JACK 8.50

Pulled smoky BBQ jackfruit, housemade slaw and curly lettuce.

BEETS BOWLS

All served with quinoa, housemade slaw, potato salad, smashed avocado, leafy greens and cashew sour cream.

MEXICAN BOWL 9.45

Mexican bean salsa.

JACKFRUIT BOWL 9.45

Pulled smoky BBQ jackfruit.

CHICKPEA BOWL 9.45

Chickpea, mayo and dill smash.

NAKED BURGER BOWL 9.45

Two handmade bean and beet burger patties.

TOASTED SANDWICHES

CHICKPEA SMASH 5.95

Chickpea, mayo & dill smash with hummus, tomato and lettuce.
Add a half sandwich for 1.95

LONDON CALLING 6.45

Sausage, caramelised onions, spinach and mayo.
Add a half sandwich for 1.95

GARLIC MUSHROOM 5.95

Chestnut mushrooms, caramelised onions, spinach and garlic mayo.
Add a half sandwich for 1.95

OTHER OPTIONS

N'OMELETTE 8.95

Housemade chickpea omelette, filled with chestnut mushrooms and caramelised onions, topped with garlic mayo and served with leafy greens.

PB & J 4.95

Peanut butter, jam and coconut on two slices of toast.

DRAGON FRUIT BOWL 8.95

Pink dragon fruit smoothie bowl topped with banana, blueberries, peanut butter, coconut chips, goji berries, cacao nibs, cinnamon and date syrup.

CASHEW DELIGHT 6.95

Cashew butter, banana and cinnamon on two slices of toast.

SIDES AND EXTRAS

SWEET CHILLI FRIES 4.95

Sweet chilli sauce, mayo, black sesame seeds and spring onions on our rustic fries.

HOUSEMADE SLAW 2.25/3

HOUSEMADE POTATO SALAD 2.25/3

LOADED JACK FRIES 5.95

Loaded fries with pulled smoky BBQ jackfruit, garlic mayo, BBQ sauce and spring onions.

FRIES 2.95

MAYO (Original, Garlic, Sriracha) 0.85

15% Student Discount every week day (excluding bank holidays). Just show a valid student card.

* Although our kitchen is gluten free, some of our products are packaged in a factory that handles gluten. All menu items may contain traces of nuts. We use organic ingredients where possible. For parties of 8 or more, a discretionary gratuity of 10% will be applied. Prices inclusive of VAT. Please ask staff for allergy information.